

32 KM —
START TIME: 10:00AM

Aid Station: 

FOLLOW:



Straight up METFORD ROAD
Right onto BILBO'S BOG
Left around ERMINE FROLIC LOOP
Left on REINO'S RUN following COTTONWOOD CUTOFF
(Aid Station at South Hub, 6 km)
Straight on LARCH HILLS ROAD and PLANTATION PLACE
Continue on LARCH HILLS ROAD to CEC's Cabin
Left on ALDER LANE and Right on SKY TRAIL
Right onto LARCH HILLS ROAD
(AID STATION at Cec's Cabin, 12 km)
Left on LARCH LAKE LOOP and then Left onto the WHOOPEES
Left at PANORAMA and Left onto BABY MOONWALK
Left at WILLOW SWITCH and then Right onto EAST DALES
Straight onto LARCH HILLS ROAD
(AID STATION at South Hub, 20 km)
Left onto FRODO'S BOG and then Right onto STIG'S LOOP
Right onto LARCH HILLS ROAD and Left on GULLAN'S GULLY
Left down ARWEN'S DREAM and Left on ERMINE FROLIC
Straight onto LARCH HILLS ROAD, staying Right
(AID STATION at Stadium, 25 km)
Straight up METFORD ROAD
Stay Left at BILBO'S BOG
Straight onto SENTINEL, staying Right at SENTINEL CUTOFF
Left onto WOODLOT RAMBLE
Through the Stadium to the FINISH

